



Joye Davisson, President & Editor

JANUARY, 2022

"Friends together working, caring and sharing. . .

Meeting the challenge of change"

Website: www.powaywomansclub.org

JANUARY MEETING

Once again our meeting had been canceled due to the continuing Covid situation. Hopefully by February the outlook will be better and we can meet once again.

As we begin this new year of club activities, please let Joye or Rachelle know if there is a project you would like our club to support. Membership begins with "ME" and we all can be an active participant and suggest projects. Is there something you are

involved in that you would like the club members to support? Let us know!



We continue to save items for the various projects we already support:

- ❁ pairs of shoes/slippers for BLAST
- ❁ canceled stamps
- ❁ school supplies for Boys and Girls Club
- ❁ baby items for Gently Hugged
- ❁ clean empty prescription bottles.

FROM THE FRIENDS

The book store is open Tuesday through Friday, 10:00 AM to 4:30. Stop by for your winter reading selections. Specials are held every Thursday.

Want to volunteer? Fill out an application and as soon as the paperwork is completed by San Diego County you are a volunteer. You can be on call as a substitute or have a regular schedule. It is hoped that the library and bookstore hours will be gradually increasing in the near future.

LIBRARY NEWS: The Poway Library staff is planning a Lunar New Year celebration on January 29th. Lots of fun activities are planned and the library will hopefully be open. We will keep you updated.

A book is like a garden carried in the pocket.

Asian Proverb



UPSTAIRS AT POWPAC

Opening on January 28th is a *Transported*, a world premier by Lisa Balderstone. The show runs Friday and Saturday at 8:00 PM and Sundays at 2:00 PM. Two Saturday matinees are planned for February 12th and 19th at 2:00 PM. Masks and proof of vaccine are required.

"Transported, the inspiring story of two Latino families brought together to celebrate the marriage of their two sons only to be torn apart by their tragic murder. Years later, two still grieving mothers meet by chance on the train. Together, they must struggle to ease their mutual pain and find a path to a new future." (From powpac's website)

We are so lucky to have quality community theatre. Consider supporting by joining or attending shows. Volunteer opportunities are also available.

With theater, you have to be ready for anything

Willem Dafoe

AT PCPA

Upcoming at Poway Center for the Performing Arts are two dance productions.



The first one is So Cal Dance Winter Recital 2022 on January 14th at 6:00 PM. Ticket prices range from \$15.00 to \$25.00. Masks are required.

Next on Sunday, January 16th at 6:30 PM is *Dancinspiration*.

“DancInspiration contacts elite youth dance companies each year to stage this benefit show. Each participating dance company brings a number of varying genres, which together are woven into an entertaining production of diverse dance disciplines. The studios and dancers get to perform in a professional venue for a good cause! DancInspiration is proud to have celebrated 20 years of benefit concerts in service of the community.” (From PCPA website.)

General Admission is \$16.00. For tickets contact Elaine Bishop info@dancinspiration.com.

Call the box office 858-748-0505. Hours are Friday, Noon to 5:00 PM and Saturday 10:00 AM to 3:00 PM.

CITY NEWS

City Hall is closed due to the continuing Covid outbreak. Staff can be reached by phone.

The annual Winter Festival was held this weekend. A good time was had by all.

Old Poway Park is open and the office is staffed.

MEMBER NEWS


Our thoughts and prayers are with Sue Sheldon. She is experiencing a set-back.

Our sympathies to Barbara Lerma whose husband passed away Thanksgiving week. Barb, we are thinking of you and hope your many happy memories will be a comfort to you. Take care, and God bless you.

RECIPE FOR A HAPPY NEW YEAR

Take twelve whole months.
Clean them thoroughly of all bitterness,
hate, and jealousy.
Make them just as fresh and clean as possible.
Now cut each month into twenty-eight, thirty, or
thirty-one different parts,
but don't make up the whole batch at once.
Prepare it one day at a time out of these
ingredients.
Mix well into each day one part of faith,
one part of patience, one part of courage,
and one part of work.
Add to each day one part of hope,
faithfulness, generosity, and kindness.
Blend with one part prayer, one part meditation,
and one good deed.
Season the whole with a dash of good spirits,
a sprinkle of fun, a pinch of play,
and a cupfull of good humor.
Pour all of this into a vessel of love.
Cook thoroughly over radiant joy,
garnish with a smile,
and serve with quietness, unselfishness,
and cheerfulness.
You're bound to have a happy new year.

. . . Author Unknown



New Year's Day. A fresh start. A new chapter waiting to be written.

Sarah Ban Breathnach.

Treat every day like it's a new year because it is.

Temitope Ibrahim.

I think in terms of the day's resolutions, not the year's.

Henry Moore



FROM THE DESK OF YOUR DEAN

Happy New Year 2022 to everyone! Let us pray that this will be a much better year for our world with health, hope, healing and happiness for all. I hope that you are all safe and staying well and that 2022 will bring much joy, good health and peace to all.

January 1 is the start of our new club year. Our Poway Woman's Club's reports for 2021 are due to Palomar District by January 25. Even though 2021 has been again a year in which we have not been able to be very active in normal community activities, it is important to report all that we have been able to accomplish as individual community members. Since we were able to have only four meetings this past year, I have only received volunteer hours sheets for a few months from a small number of members. Please check your calendars to find out all of your volunteer hours through the end of December 2021, and then PLEASE send them to me right away. A very important part of our reports is the specific number of hours spent, as well as the number of items and amounts donated, so please be specific! THANK YOU so very much for all of the work that you do for our community!

Some of the continuing projects that we have been able to support this year have included school supplies for the Boys and Girls Club; baby items for Gently Hugged; hygiene products, clothing and household goods for Interfaith Community



Services, shoes for the BLAST program; and used prescription bottles. All of these are greatly appreciated.

On December 26, my husband Ron and I and two additional family members did our most recent "Trail Walk", and we found our adopted "The Pond Trail" in good shape. Because of the most welcome rain in December, there was a lot of water flowing in the creek and the trail was muddy. I am hoping that we will be able to resume our group walks in the near future when the current restrictions are lifted. If you have not been able to join us in the past and would like to do so, please let me know so that we will be sure to watch for you and can work together in pairs.

Remember that this is your club, and your board is always open to hearing from any of our members about any suggestions or ideas that you might have for programs and projects, so please share any thoughts or ideas.

It really helps when you keep up your volunteer time sheets with very specific numbers every month and turn them in to me! Let's all be very diligent and make this an easier task for our report writers! THANK YOU FOR ALL THAT YOU DO!

Wishing you and your loved ones all the best in 2022,

Rachelle

INTERFAITH COMMUNITY SERVICES

Interfaith Community Services held their annual meeting in late October. Despite the impact of Covid the organization continued to provide outstanding service.



In October of 2020 Interfaith purchased a 77 room motel and transformed it into a one-of-a kind facility for individuals leaving hospitals and having no home to go to.

Some of the numbers, June 2020 to June 2021:

21,825 unique people served
14,215 emergency food kits
7,928 healthcare visits
2,830 volunteers
\$895,649 rental assistance (serving 710 adults and 544 children)

Early this year Interfaith is looking forward to launching a family shelter center of help families rebuild their lives.

Keiko and Joye attended the meeting and came away inspired.

PRESIDENT’S MESSAGE

Thank you for all of your thoughts and prayers during my hospitalization and time at the skilled nursing center. I certainly learned that “the best laid plans, etc”.

I was happy to get home before Christmas. Brian is my support team and is doing a great job. Dorothy and Keiko have been providing transportation for my Escondido appointments. I have two more sessions of physical therapy scheduled and then it is up to me to keep improving. Currently my challenge is to walk with a walker without bearing any weight on my left foot.

Despite the many roadblocks we did manage to have several meetings and the “lunch bunch” did get together during 2021. We ended the year with a small art exhibit at the library. Shoes were delivered for the BLAST program and school supplies donated to Boys and Girls Club.

As requested by Rachelle be sure to turn in your volunteer hours. If you have a question, call Rachelle or Joye.

For now, thank you for all you do to make our community a better place to live.

Wishing you and yours a very Happy 2022.

Take care, be safe.

Joye



January 14
January 27

Sherrie Colbourn
Elaine Fox

December 9
December 27

Margaret Yario
Diane Lightbown

