

PAGUAY CHATTER



Barbara Lerma, President

January 2019

Joye Davisson, Editor

"Friends together, working, caring and sharing"

Website: www.powaywomansclub.org

JANUARY MEETING

Wow! Where did 2018 go? Another year to learn from interesting speakers, participate in new project (and continue with the old ones) and another chance to make a difference in our community.

Join us on January 8 at 10:00 AM as we kick off 2019. Coffee and goodies at 9:30 AM. Keiko will be our hostess.



Remember to bring your volunteer time sheets and any items for the projects we support.

The January program is still in the planning stage.

FROM THE FRIENDS

Check out the Holiday Art Exhibit that will be on display thru January 6th. It is jointly sponsored with PWC and the library.

“Library Love” will be celebrated in February with a lot of great programs planned. There will be a book sale on February 23 and 24.

LIBRARY PROGRAMS:

Wednesday, January 2 and 16 @ 10:00 AM~French Conversation Group

Wednesday, January 2, 9, 16, 23 & 30 @ 10:00 AM~Hoop Fitness

Thursday, January 3 @ 10:00~Gentle Yoga for Adults

Friday, January 4, 11, 18, & 31 @ 9:45 AM~Zumba Fitness

Saturday, January 5 @ 10:00 AM~Create a Vision Board

Saturday, January 5 @ 2:00 PM~Poway Library Genealogy Group

Monday, January 7, 14, & 28@ 9:45~ Yoga Mindful Movement
Then @ 11:00 AM~Tai Chi for Adults
And @ 6:00~Zumba with Lisa

Saturday, January 12 @ 10:30 AM~ Poway Writing Group
Then @ 2:00 PM~ Acoustic Showcase featuring Dave Dersham, contemporary folk music

Saturday, January 19 @ 1:00 PM~San Diego Genealogical Society, focus on England

Monday, January 21~Library closed, Martin Luther King Jr. Day Holiday

Thursday, January 24 @ 10:00 AM~Adult Coloring Club

Friday, January 25 All Day~ Fine Free Friday

Saturday, January 25 @ 10:00 AM~“The Searchers” documentary screening & discussion

See online calendar for more information.

FROM THE DESK OF YOUR DEAN

Hello and Happy New Year to everyone! I hope that you are all safe and staying well and that 2019 will bring much happiness, good health and peace to all.

January is the start of our new club year and our Poway Woman's Club's reports for 2018 are due to Palomar District on January 22. If you have not turned in all of your hours through the end of December 2018, PLEASE let Barbara or Joye or me know right away. A very important part of our reports is the specific number of hours spent, as well as the number of items and amounts donated, so please be specific when you turn in your monthly hours sheets. THANK YOU so very much for all of the work that you do for our community!

On November 28, we did our most recent "Trail Walk" and we found our adopted "The Pond" trail in good shape. We did not hold a trail walk in December, since we had so many other events. I have scheduled our next "Trail Walk" there for Thursday, January 10 at 9:00AM. If you have not been able to join us in the past and would like to do so, please let me know so that we will be sure to watch for you and can work together in pairs.



Remember that this is your club, and your board is always open to hearing from any of our members about any suggestions or ideas that you might have for programs and projects, so please share any thoughts or ideas.

Please remember to bring the items that you have been collecting – coupons for military families, cancelled postage stamps, empty prescription bottles with labels removed, Box Tops for Education, used markers, used hearing aids and batteries, items for Project Wildlife and our Boys & Girls Club, school supplies, shoes for support of the BLAST program, and items to donate to Gently Hugged, Fisher House and Canine Companions for Independence to our meetings.

It really helps when you bring your volunteer time sheets with very specific numbers to meetings every month! Let's all be very diligent and make this an easier task for our report writers!

Wishing you all the best in 2019,

Rachelle

UPSTAIRS AT POWPAC

People vs Beanstalk opens January 11 and plays Fridays and Saturdays at 8:00 PM and Sundays at 2:00 PM through February 10.

“Local playwright/actor Neil Pisk has written a courtroom drama that has Jack Beanstalk, from the fairytale of “Jack and the Beanstalk” on trial for the murder of the Giant after he topples the magic beanstalk. Familiar characters of Jack’s Mother, the Goose That Lays Golden Eggs and the Magical Harp populate the courtroom along with a mix of new characters to create a family-friendly show. The added twist is that the Jury is drawn from the audience of each performance and will decide the verdict. It’s a new show at every performance!”
(Taken from powpac website.)

For those who don’t know, all the actors, directors, producers and technical staff do not get paid. They devote lots of hours for the love of theatre and performing. Take advantage of this great resource and at a very reasonable price.

FEDERATION HAPPENINGS

The January 22 Palomar District Board of Directors meeting will be held at the Woman’s Club of Carlsbad.

This is the time when our annual reports are turned in.

On February 26 the Palomar District Art Festival will be held in Templars Hall and the Porter House Great Room. Brunch will be served. The cost is \$20.00.

Plan to attend and enjoy the creative talents of our district members. Writing, photography, crafts and art will be featured.

Sing, Dance, Create and Share is the theme.

MEMBER NEWS

It is with great pleasure that we welcome several new members:

Elaine Fox
Linda Tucker
Margaret Yorio

We'll have labels available for you to include in your yearbook.

Dorothy is co-producing *And Then There Were None* at Lamplighters Community Theatre. It opens January 11. This is based on a mystery novel by English writer Agatha Christie, her best selling novel and described by her as the most difficult of her books to write.

A belated Happy Birthday to **Jan** who celebrated her 93rd on December 22.

PRESIDENT'S MESSAGE

I hope you all had a happy, merry and joyous December and wish you a very HAPPY NEW YEAR to your and yours! If you didn't get it done in 2018, here's to doing it in 2019.

Ah, January when we must all get all our hours in for the previous year, in this case, 2018. Yes, January through December they are due at each regular meeting. But, remember that our December hours are due at the beginning of January of the next year. In this case, 2019. So, if you haven't submitted all of your 2018 hours please do it immediately. Our report writing team is already at work and needs all of your information.



You may email it our team: Joye - joyead@cox.net, Rachelle - rrstenger@cox.net and this officer - bblerm@aol.com. Please send your information to all three (e) of us. Thank you!

It's a new year and were and we're always open to new ideas. Don't by shy, just let our board know.

Again, Happy New Year to your and yours.
Wishing a wonderful year ahead for all!
Take care and looking forward to seeing you all soon!

Barbara

RESOLUTIONS

You got this. Don't tell yourself you can't. You can.

Keep your resolutions close....Don't focus so much on January 1st. Focus on making every day of the new year special

Focus less on the past. Use 2019 to let go of the negative

You can always start again.

Let go of what's holding you back. Wise words.

Don't sacrifice your freedom. Don't be afraid to say goodbye to anything or anyone who doesn't make you feel like your authentic self.

Compare yourself to others less. Perhaps this is the year you focus less on what others are doing, and more on yourself and your own happiness (because remember, those seemingly "perfect" pictures on social media often aren't what they appear anyway).

Look forward, not back. Use the new year to let go of what doesn't serve you or make you happy, and focus on the beautiful things the future can hold.

The universe has your back!

Start now. You'll never realize how truly great you can be if you never get started.



New Year's Resolutions come and go. Some we keep, some we don't. In order to make lasting changes in our lives, we must first change our minds. We sometimes forget, and we often feel stuck, but we all have the power to do so.

Elizabeth Thornton

