



Barbara Lerma, President

March, 2018

Joye Davisson, Editor

"Friends together, working, caring and sharing"

Website: www.powaywomansclub.org

MARCH MEETING

Our March 13th meeting will feature a speaker from The Community Food Cupboard. You are encouraged to bring canned or boxed foods to be shared with our neighbors in need.

Dottie and Joye will be hostesses and since we both are part Irish, we expect to see "the wearin' of the green" at our meeting



As always, remember to bring the items we are collecting for our various projects and your volunteer time sheets.

Coffee and goodies at 9:30 AM and the meeting promptly at 10:00 AM.

FROM THE FRIENDS

Check out the Friends Book Store on Thursdays for special sales.

The February 24th and 25th book sale was the most successful ever. There was quite a line for the 9:00 AM Friends only sale and another when the sale opened to the general public at 10:00 AM.

LIBRARY EVENTS:

March 8, Get your blood pressure checked between 10:00 AM and Noon.

March 10, 10:00 to 11:00 AM ~ Five San Diego County authors -- Oyuki Aguilar (The Sport of Parenting), Sarah Bates (The Lost Diaries of Elizabeth Cady Stanton), Janice Coy (Grave in the Vegetable Garden), Suzette Valle (101 Movies to See Before You Grow Up), and Wanjiru Warama (Unexpected America) -- will read from and discuss their books at this event. They will also autograph copies bought in advance or at the event.

Also on the 10th, the 2:00 PM Acoustic Showcase will feature Gregory Page.

March 15, 10:00 AM ~ Adult Coloring Club

March 17, 10:30 ~ Zentangle® Meditative Art Workshop.

March 22, 2:00 PM ~ Downloadable Book Clinic (Apple/Android Devices)

March 28, 6:30 PM-Power of Breath Meditation

March 29, 9:00 AM ~ Continental breakfast with the Celebrate Women Authors (let Joye know if you plan to attend)

March 30, Library Closed ~ Casar Chevez Holiday

All of the usual exercise classes continue. See library calendar for more information.

The branch calendar even includes our "Celebrate Women" art exhibit. There will be two separate exhibits, March 1st to March 29th and March 29th to April 26th.

FROM THE DESK OF YOUR DEAN

Hello, everybody! Happy March and Women's History Month!

Everybody present at our February 13 meeting seemed to really enjoy the program with Judy Blackford telling us about Gently Hugged. We presented a lovely assortment of new baby clothes and other items that were donated by our club members and a very large bag of baby clothing from Chrissy!

The program for our March 13 meeting will be on The Community Food Cupboard. We will learn how the program works and about its needs and its successes.

Be sure to take some time to enjoy the art at our Celebrate Women Art Exhibit, which is currently on display at the Poway Library.

On February 21 we did our monthly "trail walk" and we were very pleased to find that the City of Poway crews have been working on some of the needed repairs that we have been reporting for the past year! The loose trail posts have been removed and it looks as if they will be replaced by new posts soon. Some of the dead and fallen trees have been cleaned up and the Tamarisk trees have been cut down. The crews have done a lot of clearing and cleanup along the fence line around the pond area. We hope that they will keep up with these efforts and address the other items, such as signage and filling in the ruts near the bridges and

up to the South Creek Trail for safety, when they can. We will choose the date for our March Trail Walk at the March 13 meeting. If you have not been able to join us in the past and would like to do so, please let me know so that I will be able to let you know when our next walk is scheduled.

Palomar District will have a meeting on March 27 in Oceanside. Following this meeting we plan to go to the FISHER HOUSE at Camp Pendleton to deliver the items that we have been collecting this year. PLEASE BRING ANY ITEMS THAT YOU WISH TO DONATE TO FISHER HOUSE TO THE MARCH 13 MEETING.

Please remember to bring the items that you have been collecting - coupons, cancelled postage stamps, Box Tops for Education, items for Project Wildlife and our Boys & Girls Club, school supplies, shoes for support of the BLAST program, and Christmas card fronts, as well as the items to donate to Fisher House.

It really helps when you bring your hours sheets with very specific numbers to meetings every month! Let's all be diligent and make this an easier task for our report writers!

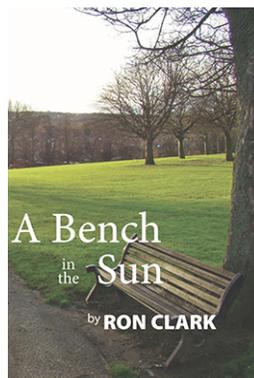
Looking forward to seeing you on March 13! Let's celebrate St. Patrick's Day by wearing green!

Rachelle

UPSTAIRS AT POWPAC

A Bench in the Sun a comedy by Ron Clark opens on Friday, March 9th. Performances are Friday and Saturday nights at 8:00 PM and Sunday afternoon at 2:00 PM. The play runs thru April 8th.

"Joined at their arthritic hips, lifelong friends Burt and Harold are residing at Valley View Gardens – where there is no valley, no view, and not much in the way of a garden. They spend their days bickering about nearly everything. When retired actress Adrienne Bliss moves in and decides to join the duo on their bench in the sun, a heated rivalry



develops as the pair vie for Adrienne's attentions. Part Grumpy Old Men, part The Odd Couple, the script is rich with one liners, tender moments, musings about the seasons and the sacrifices one makes in life, and reflections on the way the world is changing. Mel Brooks calls the play "Very wise, very moving, but most of all, very funny." (From PowPAC's website)

The set for this show was already in place on February 25th when the theatre had their member appreciation event. It is really quite special..

Support our Community Theatre!

MEDICARE SCAM

Here's what you need to know to protect yourself, family and friends, throughout the US.

Starting 4/1/18 Medicare will start a year-long project to replace all current Medicare cards for beneficiaries to convert to alphanumeric ID.

Scammers are opportunistic: First of all the new Medicare card will come to you in the mail. You don't need to request it or do anything. It will show up.

WHAT'S THE SCAM?: Somebody from "MEDICARE " will call to tell you that you are getting a new Medicare card. But until it comes you will need a temporary card. Fee for the card is between \$5-50 dollars. They want personal information, bank account or credit card so they can process your temporary card.

THINGS TO REMEMBER

- Medicare will never call you unless you ask them to.
- Medicare does all communications by mail unless you ask them to call.
- Ditto for anybody saying they "work with Medicare to make sure you get everything you are entitled to"

AT PCPA

Poway OnStage, the Poway Center for the Performing Arts presents Los Lobos, an acoustic show on Friday, March 16, 2018 at 8:00 PM. Tickets are \$28 - \$75.

"Los Lobos bring their Latin-infused East LA rock to Poway OnStage for an acoustic set covering their GRAMMY® winning career.



More than three decades have passed since Los Lobos released their debut album, Just Another Band from East L.A. Since then they've repeatedly

disproven that title. Los Lobos isn't "just another" anything, but rather a band that has consistently evolved artistically while never losing sight of their humble roots. Perez, the band's drummer, once called their powerhouse mix of rock, Tex-Mex, country, folk, R&B, blues and traditional Spanish and Mexican music "the soundtrack of the barrio." (from PCPA website.)

OLD-FASHIONED FRIENDSHIP TEA

It is not too soon to invite family and friends to join us on Sunday, April 29th for our annual Old-Fashioned Friendship Tea. Tickets are still only \$20.00.

Tickets will be available at the March meeting. Please let Joye know if you can provide table setting for the event.



IN HONOR OF WOMEN'S HISTORY MONTH

In honor of Women's History Month the 2017 Trailblazing Women in Labor & Business: The information is from the National Woman's History Project, www.nwhp.org.

1. Kate Mullany (1845 - 1906)
Organized First All-Female Labor Union
2. Andra Rush (1952)
Founder/CEO of Rush Group
3. Addie L. Wyatt (1924 - 2012)
Labor Union Leader & Civil Rights Activist
4. Rebecca Anderson (1940)
Community & Economic Development Organizer
5. Alexis Herman (1947)
Former Secretary of Labor
6. Lucy Gonzalez Parsons (c. 1853 - 1942)
Labor Organizer & Socialist Leader
7. Barbara Hackman Franklin (1940)
Former Secretary of Commerce
8. Lilly Ledbetter (1938)
Equal Pay Activist (GFWC member)
9. Barbra "Dusty" Roads (1928)
Flight Attendant's Union Leader
10. Maggie Lena Walker (1864 - 1934)
Businesswoman & Community Banking Leader
11. Nina Vaca (1971)
CEO & Chairman of Pinnacle Group
12. Yvonne Walker (1959)
Pres., Service Employees Intn'l. Union (SEIU) Local 1000
13. Norma Yaeger (1930)
First woman stockbroker on the floor of the NY Stock Exchange



I may sometimes be willing to teach for nothing, but if paid at all, I shall never do a man's work for less than a man's pay.

Clara Barton

PRESIDENT'S MESSAGE

Spring is thinking about springing, although the weather has been a bit chilly, but nicely so. And so come some springtime activities. First, on March 27th will be a District meeting in Oceanside with a Federation speaker on Shot at Life, President Myrna's special project. April 3rd – lunch out! Where? Do you have a suggestion? Please offer it. April 10th will be our annual luncheon for and with the Poway Library staff. The Poway Garden Club's annual Flower Show on April 14th and they have again asked us to join them and help monitor the exhibits. On Federation Day, April 24th, is Palomar's Convention and you're ALL invited! (Remember your cost will be \$25 as the club will pay the registration cost.) Then to end on a happy, fun note on April 29th is our very own Old Fashioned Friendship Tea! Get your tickets now! Invite your family and friends. Let's fill Templars'! More information and necessary sign-up sheets will be at our March meeting. And don't forget to visit our Women's Art Exhibit in the Fireside Room of the Poway Library!



meeting on the 27th is in Oceanside, we'll be taking the things we've been collecting for them to them after the meeting. If you have things you've been saving for them please bring to the March meeting. They are always in need: paper towels, toilet paper, Kleenex, paper plates, plastic utensils and storage containers and cleaning supplies: Dawn dish soap, Lysol disinfecting wipes and all-purpose cleaner.

If you were unable to get to the February meeting and have something for Gently Hugged, please bring to the meeting. This is an ongoing project and we take things to them throughout the year. One of the most interesting things we learned is that, surprisingly we thought, was that they get 2/3 boys clothes to only 1/3 girls!

Hope to see you at the new Korean restaurant on Poway Road (where Domenic's was) for lunch on the 6th! Feel free to bring a friend. Take care!

Barbara 748 - 4492

We haven't been to the Fisher House at Camp Pendleton for a year and a half. As the District

MEMBER NEWS

Continue to keep **Sherrie** in your thoughts and prayers. She continues to have "up and down days".

Keiko has a beautiful photograph of Tsuruga Castle, Aizuwakumatsu, Fukushima Province in the Celebrate Women art exhibit at the library.



March 3	Diana
March 23	Sue
March 29	Joye

Barbara will be serving as Third Vice President. Programs and Itinerary for Palomar District for the 2018-2020 administration. Congratulations!



May the dreams you hold dearest be those that come true and the kindness you spread keep returning to you.

